

# ST. MARY OF SORROWS CATHOLIC CHURCH, FAIRFAX, VA.



*Procession for Corpus Christi.  
Master of James IV of Scotland  
(Flemish, 1465 – 1541)*

## THE SOLEMNITY OF THE MOST HOLY BODY AND BLOOD OF CHRIST

VI.X.MMXXIII

5 PM MASS BOOKLET

# PRELUDE

Improvisation on "Adorate Devote"

---

## INTRODUCTORY RITES

### ENTRANCE HYMN

#### GIFT OF FINEST WHEAT

Refrain



You sat - is - fy the hun - gry heart With



gift of fin - est wheat; Come give to us, O



sav - ing Lord, The bread of life to eat.

Verses



1. As when the shep - herd calls his sheep, They



know and heed his voice; So when you call your



fam - 'ly, Lord, We fol - low and re - jice.

### SIGN OF THE CROSS & GREETING

# PENITENTIAL ACT

Chant

Priest/Deacon/Other Minister      All respond      Priest/Deacon/Other Minister

Ký - ri - e, e - lé - i - son. Ký - ri - e, e - lé - i - son. Chris - te, e - lé - i - son.

All respond      Priest/Deacon/Other Minister      All respond

Chris - te, e - lé - i - son. Ký - ri - e, e - lé - i - son. Ký - ri - e, e - lé - i - son.

# GLORIA

Glo - ry to God in the high - est, and on earth peace to

peo - ple of good will. We praise you, we bless you, we a - dore you,

we glo - ri - fy you, we give you thanks for your great glo - ry,

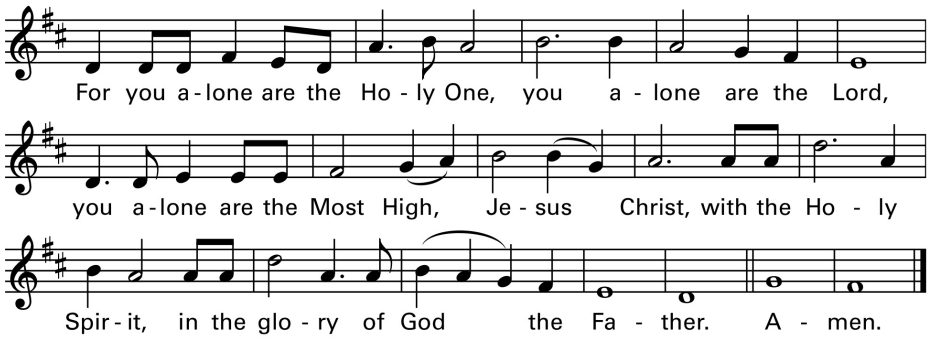
Lord God, heav'n - ly King, O God, al - might - y Fa - ther.

Lord Je - sus Christ, On - ly Be - got - ten Son, Lord God,

Lamb of God, Son of the Fa - ther, you take a - way the  
you take a - way the

sins of the world, have mer - cy on us; you are seat - ed at the  
sins of the world, re - ceive our \_ prayer;

right hand of the Fa - ther, have mer - cy on us.



For you a-lone are the Ho-ly One, you a-lone are the Lord,  
you a-lone are the Most High, Je-sus Christ, with the Ho-ly  
Spir-it, in the glo-ry of God the Fa-ther. A-men.

Text © 2010, ICEL. All rights reserved. Used with permission. Music © 1987, 2009, OCP. All rights reserved.

## COLLECT

---

## LITURGY OF THE WORD

*The Readings can be found in the hymnal on page 166.*

## HOMILY

## RECOMMISSIONING OF EXTRAORDINARY MINISTERS OF HOLY COMMUNION

## CREED

## UNIVERSAL PRAYER

---

# LITURGY OF THE EUCHARIST

## PRESENTATION AND PREPARATION OF THE GIFTS

Avé Verum Corpus

Wolfgang Amadeus Mozart  
(1756 – 1791)

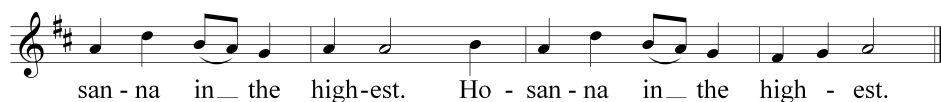
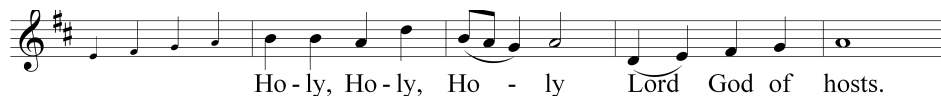
**Ave verum corpus, natum  
de Maria Virgine,  
vere passum, immolatum  
in cruce pro homine  
cuius latus perforatum  
fluxit aqua et sanguine:  
esto nobis prægustatum  
in mortis examine.**

*Hail, true Body, born  
of the Virgin Mary,  
truly suffered, sacrificed  
on the cross for mankind,  
from whose pierced side  
water and blood flowed:  
Be for us a foretaste [of the Heavenly  
banquet]  
in the trial of death!*

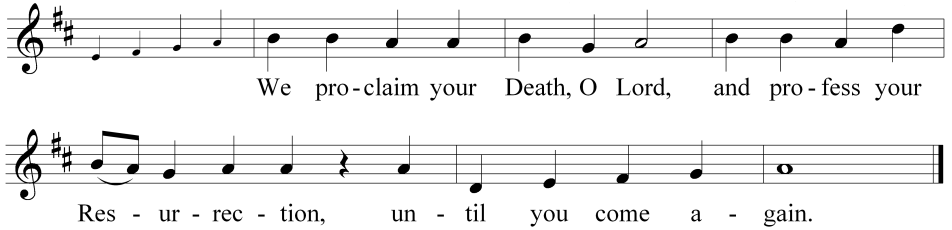
---

## EUCHARISTIC PRAYER

### SANCTUS



## MEMORIAL ACCLAMATION



We pro-claim your Death, O Lord, and pro-fess your  
Res - ur - rec - tion, un - til you come a - gain.

## GREAT AMEN



A - men, a - men, a - men.

---

## COMMUNION RITE

### LORD'S PRAYER

Chant



Our Fa - ther, who art in heav - en, hal - lowed be thy name;  
thy king - dom come, thy will be done on earth as it is in heav - en.  
Give us this day our dai - ly bread, and for - give us our tres - pass - es,  
as we for - give those who tres - pass a - gainst us; and lead us  
not in - to temp - ta - tion, but de - liv - er us from e - vil.

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Savior, Jesus Christ.



For the king-dom, the power and the glo-ry are yours now and for ev - er.

Text: Embolism © 2010, ICEL. All rights reserved. Used with permission.  
Music: Chant; adapt. by Robert J. Snow, 1926-1998.

## DOXOLOGY, SIGN OF PEACE

### AGNUS DEI



Lamb of God, you take a-way the sins of the world: have mer-cy on us.



Lamb of God, you take a-way the sins of the world: have mer-cy on us.



Lamb of God, you take a-way the sins of the world: grant us peace.

## INVITATION TO COMMUNION

# COMMUNION ANTIPHON

ALL SING

*Mode 6*

*Jn 6: 57 · GR, RM*

Who - ev - er eats my flesh and drinks my blood re -  
mains in me and I in him, says the Lord.

Ps 119 (118): 1, 2, 11, 49, 50, 72, 103, 105, 162

☩. Blessed are those whose way is blameless,  
who walk in the law of the LORD!

☩. Blessed are those who keep his decrees!  
With all their hearts they seek him.

D. Glory be to the Father, and to the Son,  
and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be,  
world without end. Amen.

Ant. Text: Tr. ICEL; English translation of *The Roman Missal* © 2010, ICEL Corporation. All rights reserved. Ant. Melody: Adam Bartlett;  
Licensed by Lumen Christi Group LLC under CC BY-NC-ND 4.0. Verse Text: Tr. The Monks of Conception Abbey; *Abbey Psalms and Canticles*  
© 2018, 2010 USCCB. All Rights Reserved.



# COMMUNION HYMN

## TAKE AND EAT

Michael Joncas

Refrain



1

Take and eat; take and eat: this is my bod - y  
Take and drink; take and drink:




2

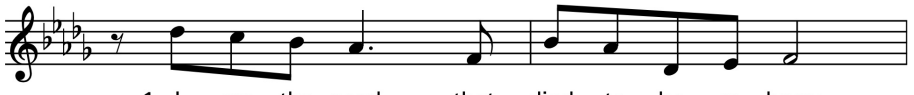
to Verses  
(Fine)

giv-en up for you. this is my blood giv-en up for you.


Verses




1. I am the Word that spoke and light was made;  
2. I am the way that leads the ex - ile home;  
3. I am the Lamb that takes a - way your sin;  
4. I am the cor - ner-stone that God has laid;



1. I am the seed that died to be re - born;  
2. I am the truth that sets the cap - tive free;  
3. I am the gate that guards you night and day;  
4. A cho - sen stone and pre - cious in his eyes;



1. I am the bread that comes from heav'n a - bove;  
2. I am the life that rais - es up the dead;  
3. You are my flock: you know the shep-herd's voice;  
4. You are God's dwell - ing place, on me you rest;



to Refrain

1. I am the vine that fills your cup with joy.  
2. I am your peace, true peace my gift to you.  
3. You are my own: your ran - som is my blood.  
4. Like liv - ing stones, a tem - ple for God's praise.

Verses text © 1989, James Quinn, SJ. Published by OCP. All rights reserved.  
Music and refrain text, Michael Joncas, © 1989, GIA Publications, Inc.  
All rights reserved. Used with permission.

## POST COMMUNION MEDITATION

Anima Christi

*Marco Frisina*

b.



A - ni - ma Chri - sti san - ti - fi - ca me.  
Cor - pus Chri - sti, sal - va me. San - guis Chri - sti, i -  
ne - bri - a me. A - qua la - te - ris Chri - sti, la - va me.

Soul of Christ, be my sanctification;  
Body of Christ Jesus, be my salvation;  
Blood of Christ, fill all my veins;  
Water of Christ's side, wash away my  
stains;

Passion of Christ, my comfort be;  
O good Jesus, listen to me;  
In Thy wounds I fain would hide;  
Ne'er to be parted from your side;

Guard me, should the foe assail me;  
Call me to yourself when my life shall fail me;  
Bid me come to You above,  
With Your saints for ever to sing Your love,

## PRAYER AFTER COMMUNION

---

# EXPOSITION OF THE BLESSED SACRAMENT

## O SAVING VICTIM/O SALUTARIS HOSTIA

WERNER



1. O sav - ing Vic - tim, o - pen wide The gate of  
2. To your great name be end - less praise, Im - mor - tal

1. *O sa - lu - tá - ris Hó - sti - a, Quae cae - li*  
2. *U - ni tri - nó - que Dó - mi - no Sit sem - pi -*



1. heav'n to us be - low. Our foes press on from  
2. God - head, One in Three; Grant us, for end - less

1. *pan - dis ós - ti - um: Bel - la pre - munt ho -*  
2. *tér - na gló - ri - a, Qui vi - tam si - ne*



1. ev - ery side; Your aid sup - ply, your strength be - stow.  
2. length of days, In our true na - tive land to be.

1. *stí - li - a, Da ro - bur fer au - xí - li - um.*  
2. *tér - mi - no No - bis do - net in pá - tri - a.*

Text: LM; *O Salutaris*; St. Thomas Aquinas, 1227–1274; tr. by Edward Caswall, 1814–1878, alt.  
Music: Anthony Werner, fl. 1863.

# PROCESSION WITH THE BLESSED SACRAMENT

## ALLELUIA! SING TO JESUS

HYFRYDOL



1. Al - le - lu - ia! sing to Je - sus! His the
2. Al - le - lu - ia! not as or - phans Are we
3. Al - le - lu - ia! Bread of An - gels, Here on
4. Al - le - lu - ia! King e - ter - nal, You the
5. Al - le - lu - ia! Al - le - lu - ia! Glo - ry



1. scep - ter, his the throne; Al - le - lu - ia!
2. left in sor - row now; Al - le - lu - ia!
3. earth our food, our stay! Al - le - lu - ia!
4. Lord of lords we own; Al - le - lu - ia!
5. be to God on high; Al - le - lu - ia



1. his the tri - umph, His the vic - to - ry a - lone;
2. he is near us, Faith be - lieves, nor ques - tions how:
3. here the sin - ful Flee to you from day to day:
4. born of Ma - ry, Earth your foot - stool, heav'n your throne:
5. to the Sav - ior Who has won the vic - to - ry;



1. Hark! the songs of peace - ful Zi - on Thun - der
2. Though the cloud from sight re - ceived him, When the
3. In - ter - ces - sor, friend of sin - ners, Earth's re -
4. You with - in the veil have en - tered, Robed in
5. Al - le - lu - ia to the Spir - it, Font of

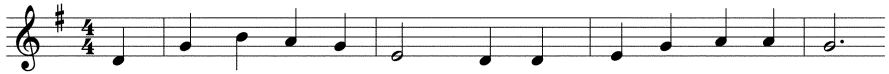


1. like a might - y flood; Je - sus out of ev - 'ry
2. for - ty days were o'er, Shall our hearts for - get his
3. deem - er, plead for me, Where the songs of all the
4. flesh, our great high priest; Here on earth both priest and
5. love and sanc - ti - ty; Al - le - lu - ia! Al - le -



1. na - tion Has re - deemed us by his blood.
2. prom - ise? "I am with you ev - er - more!"
3. sin - less Sweep a - cross the crys - tal sea.
4. vic - tim In the Eu - cha - ris - tic feast.
5. lu - ia! To the tri - une maj - es - ty.

# O Sacrament Most Holy



1. O Je - sus, we a - dore you, Who in your love di - vine,
2. O Je - sus, we a - dore you, Our vic - tim and our priest,
3. O Je - sus, we a - dore you, Our Sav - ior and our King,
4. O Je - sus, we a - dore you; Come, live in us, we pray,
5. O come, all you who la - bor In sor - row and in pain;



Con - ceal your might - y God - head In forms of bread and wine.  
Whose pre - cious blood and bod - y Be - come our sa - cred feast.  
And with the saints and an - gels Our hum - ble hom - age bring.  
That all our thoughts and ac - tions Be yours a - lone to - day.  
Come, eat this bread from heav - en; Your peace and strength re - gain.



O sac - ra - ment most ho - ly, O sac - ra - ment di - vine,



All praise and all thanks - giv - ing Be ev - 'ry mo - ment thine!

Text: Irvin Udulutsch; refrain from the *Raccolta*

Tune: FULDA MELODY, 7 6 7 6 with refrain; Fulda *Gesangbuch*; arr. by Charles G. Frischmann

# JESUS, MY LORD, MY GOD, MY ALL

SWEET SACRAMENT



1. Je - sus, my Lord, my God, my All, How can I
2. Had I but Ma - ry's sin - less heart, To love thee
3. O! see up - on the al - tar placed The vic - tim



1. love thee as I ought? And how re - vere this
2. with, my dear - est King; O! with what bursts of
3. of di - vin - est love! Let all the earth be -



1. won - drous gift, So far sur - pass - ing hope or thought?
2. fer - vent praise Thy good - ness, Je - sus, would I sing.
3. low a - dore, And join the choirs of heav'n a - bove.

## Refrain



Sweet Sac - ra - ment, we thee a - dore! O make us love thee



more and more! O make us love thee more and more.

Text: LM with refrain; Frederick W. Faber, 1814–1863. Music: *Romischkatholisches Gesangbüchlein*, 1826.

# HERE I AM, LORD

Dan Schutte

## Verses



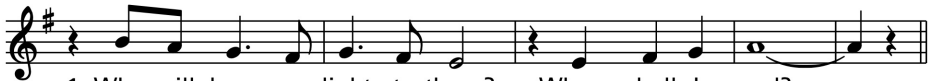
1. I, the Lord of sea and sky, I have heard my peo - ple cry.
2. I, the Lord of snow and rain, I have borne my peo-ple's pain.
3. I, the Lord of wind and flame, I will tend the poor and lame.



1. All who dwell in dark and sin My hand will save. I, who
2. I have wept for love of them. They turn a - way. I will
3. I will set a feast for them. My hand will save. Fin-est



1. made the stars of night, I will make their dark-ness bright.
2. break their hearts of stone, Give them hearts for love a - lone.
3. bread I will pro - vide Till their hearts be sat - is - fied.



1. Who will bear my light to them? Whom shall I send?
2. I will speak my word to them. Whom shall I send?
3. I will give my life to them. Whom shall I send?

## Refrain



Here I am, Lord. Is it I, Lord? I have heard you



call-ing in the night. I will go, Lord, if you



lead me. I will hold your peo-ple in my heart.

Text: Based on Isaiah 6. Text and music © 1981, OCP Publications. All rights reserved.

# PRAYER OF ST. FRANCIS / ORACIÓN DE SAN FRANCISCO

Sebastian Temple

Verses 1, 2, 4



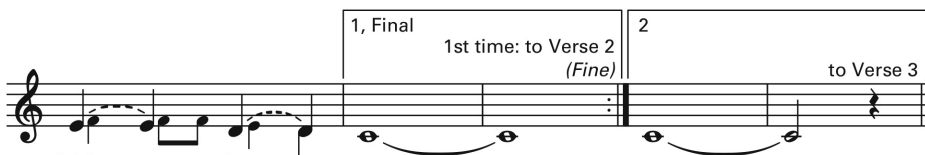
- |   |                                |
|---|--------------------------------|
| 1. <i>Make me a chan-nel of your peace.</i>   | Where there is ha-tred,        |
| 2. <i>Make me a chan-nel of your peace.</i>   | Where there's de-spair in      |
| 4. <i>Make me a chan-nel of your peace.</i>   | It is in par-don -             |
| 1. <i>Haz-me un ins-tru-men-to de tu paz,</i> | <i>don - de ha-ya o - dio</i>  |
| 2. <i>Haz-me un ins-tru-men-to de tu paz,</i> | <i>que lle - ve tu es-pe -</i> |
| 4. <i>Haz-me un ins-tru-men-to de tu paz,</i> | <i>es per - do-nan-do</i>      |



- |  |                                    |
|--|------------------------------------|
| 1. let me bring your love. _____         | Where there is in - ju -           |
| 2. life, let me bring hope. _____        | Where there is dark-ness           |
| 4. ing that we are par-doned, _____      | In giv - ing of our -              |
| 1. <i>lle - ve yo tu a - mor,</i> _____  | <i>don - de ha-ya in-ju - ria</i>  |
| 2. <i>ran - za por do - quier,</i> _____ | <i>don - de ha-ya os-cu - ri -</i> |
| 4. <i>que nos das per - dón,</i> _____   | <i>es dan - do a to - dos</i>      |



- |                                 |                                      |
|---------------------------------|--------------------------------------|
| 1. ry, your par-don, Lord,      | And where there's doubt, true        |
| 2. _____ on - ly light,         | And where there's sad - ness         |
| 4. selves that we re - ceive,   | And in dy - ing that we're           |
| 1. <i>tu per-dón, Se - ñor,</i> | <i>don - de ha - ya du - da,</i>     |
| 2. <i>dad lle - ve tu luz,</i>  | <i>don - de ha - ya pe - na,</i>     |
| 4. _____ que tú nos das,        | <i>y mu - rien - do es que vol -</i> |



- |                                 |                |
|---------------------------------|----------------|
| 1. faith _____ in _____ you.    |                |
| 2. ev - er _____                | 2. joy.        |
| 4. born to e - ter-nal life.    |                |
| 1. <i>fe _____ en _____ ti.</i> |                |
| 2. <i>tu go - zo, Se -</i>      | 2. <i>ñor.</i> |
| 4. <i>ve - mos a na - cer.</i>  |                |

Text: Based on the prayer traditionally ascr. to St. Francis of Assisi, 1182-1226.  
Text and music © 1967, 2003, OCP. All rights reserved. Dedicated to Mrs. Frances Tracy.



## PRAYER OF ST. FRANCIS / ORACIÓN DE SAN FRANCISCO (CONT 2)

Verse 3



3. O Mas-ter, grant that I may nev - er seek So much to be con-

3. Ma - es-tro a - yú - da-me a nun-ca bus-car † ser — con-so -



3. soled, as to con-sole, \_\_\_\_\_ To be un-der-stood — as to un-der-

3. la - do si - no con - so - lar, ser en-ten - di - do si - no en-ten-

to Verse 4



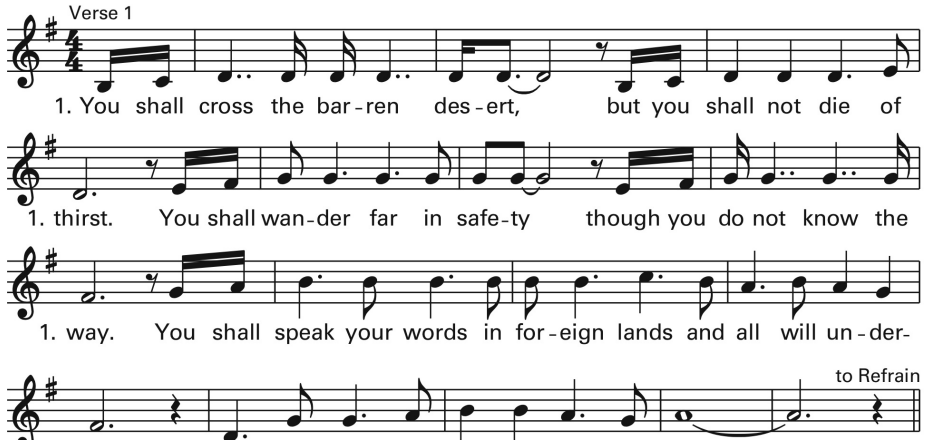
3. stand, To be loved, as to love, with all my soul.

3. der, ser a - ma-do si - no a - mar.

# BE NOT AFRAID

Bob Dufford, SJ

Verse 1



1. You shall cross the bar-ren des-ert, but you shall not die of  
1. thirst. You shall wan-der far in safe-ty though you do not know the  
1. way. You shall speak your words in for-eign lands and all will un-der-  
1. stand. You shall see the face of God and live. to Refrain

Refrain



Be not a-fraid. I go be-fore you al-ways. Come fol-low  
me, and I will give you rest. 1, 2 to Vss 2, 3 Final 2

Verse 2



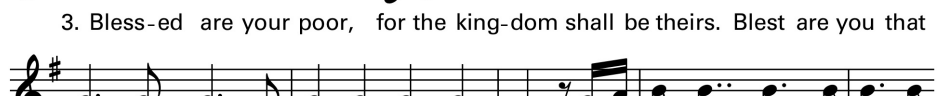
2. If you pass through rag-ing wa-ters in the sea, you shall not  
2. drown. If you walk a-mid the burn-ing flames, you shall not be  
2. harmed. If you stand be-fore the pow'r of hell and death is at your  
2. side, know that I am with you through it all. to Refrain

## BE NOT AFRAID (CONT. 2)

Verse 3



3. Bless-ed are your poor, for the king-dom shall be theirs. Blest are you that



3. weep and mourn, for one day you shall laugh. And if wick-ed tongues in-sult and




3. hate you all be-cause of me, bless-ed, bless-ed are you!

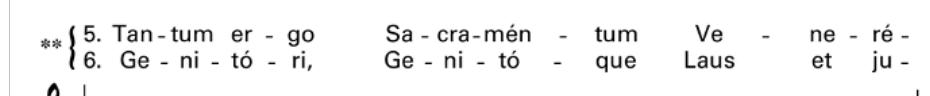
to Refrain

## ROSARY


## BENEDICTION OF THE BLESSED SACRAMENT



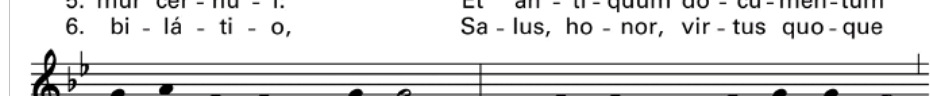
\* 5. Tan-tum er - go Sa - cra-mén - tum Ve - ne - ré -  
6. Ge - ni - tó - ri, Ge - ni - tó - que Laus et ju -



5. mur - cér - nu - i: Et an - tí - quum do - cu - mén - tum  
6. bi - lá - ti - o, Sa - lus, ho - nor, vir - tus quo - que



5. No - vo ce - dat rí - tu - i: Prae - stet fi - des sup - ple - mén - tum  
6. Sit et be - ne - dí - cti - o: Pro - ce - dén - ti ab u - tró - que



5. Sén - su - um de - fé - ctu - i.  
6. Com - par sit lau - dá - ti - o. A - men.

Priest: **You have given them Bread from heaven.**

**ALL: Having all sweetness within it.**

Priest: Let us pray...

**ALL: Amen.**

## **EUCCHARISTIC BLESSING**

### **THE DIVINE PRAISES**

Blessed be God.

Blessed be his holy name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be his most Sacred Heart.

Blessed be his most Precious Blood.

Blessed be Jesus in the most holy sacrament of the altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, virgin and Mother.

Blessed be St. Joseph, her most chaste spouse.

Blessed be God in his angels and in his saints. Amen.

May the Heart of Jesus in the most Blessed Sacrament be praised, adored, and loved with grateful affection at every moment in all the tabernacles of the world, now and until the end of time. Amen.

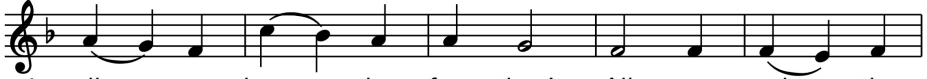
# RECESSIONAL HYMN

## HOLY GOD, WE PRAISE THY NAME

GROSSER GOTT



1. Ho - ly God, we praise thy name; Lord of
2. Hark! the loud ce - les - tial hymn An - gel
3. Ho - ly Fa - ther, Ho - ly Son, Ho - ly



1. all, we bow be - fore thee! All on earth thy
2. choirs a - bove are rais - ing; Cher - u - bim and
3. Spir - it, Three we name thee; While in es - sence



1. scep - ter claim, All in heav'n a - bove a - dore thee;
2. Ser - a - phim, In un - ceas - ing cho - rus prais - ing;
3. on - ly One, Un - di - vid - ed God we claim thee;



1. In - fi - nite, thy vast do - main, Ev - er -
2. Fill the heav'ns with sweet ac - cord: "Ho - ly,
3. And a - dor - ing, bend the knee, While we



1. last - ing is thy reign. In - fi - nite, thy
2. ho - ly, ho - ly Lord!" Fill the heav'ns with
3. own the mys - ter - y. And a - dor - ing,



1. vast do - main, Ev - er - last - ing is thy reign.
2. sweet ac - cord: "Ho - ly, ho - ly, ho - ly Lord!"
3. bend the knee, While we own the mys - ter - y.

Text: 78 78 77 with repeat; *Te Deum laudamus*; attr. to St. Nicetas, ca. 335–414;  
Grosser Gott, *wir loben dich*; tr. ascr. to Ignaz Franz, 1719–1790; tr. by Clarence A. Walworth, 1820–1900.  
Music: *Allgemeines Katholisches Gesangbuch*, Vienna, ca. 1774.